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EMPOWERED

yourself me together

Consent for the #IAMMission Mentorship Program – Peer Mentorship *Empower Yourself, Empower Me, Empowered Together!*

For Parent(s):

I _____ give consent for my daughter, _____ to be a part of the #IAMMission Program _____ Peer Mentorship. I understand the program's purpose is to work on building and maintaining self-confidence, self-esteem and self-efficacy. Structured topics will be discussed surrounding these areas. However, session topics are also decided on by what the girls in the group would like to discuss.

*I understand that the #IAMMission Program also focuses on volunteerism and each session the girls are required to fulfil volunteer hours. They are also encouraged to attend their individual place of worship or join the leaders at their place of worship as we build mind, body and soul.

I give permission for pictures taken during group sessions to be shared on Princesses and Ladies Inc.'s website and social media platforms. _____ Yes _____ No

I agree to pay \$_____ for this session which will be _____ weeks. I also agree to holding myself responsible for ensuring that my daughter attends each week of the session. However, if my daughter is unable to attend each week, I acknowledge and accept that I will not be refunded any portion of fee for the session. I also understand that my daughter will receive a certificate of completion for attending each week. If for some reason, she misses more than two (2) weeks, she will not receive a certificate. However, she is still expected to attend the following weeks and complete any activities assigned, as it is still beneficial

*Accommodations will be made to complete volunteer hours while practicing social/physical distancing.

Signature of Parent(s) _____ Date _____

For Participant:

I understand that I will be in a safe environment to share my thoughts and feelings without judgement. There will be support for me when I need it. I will be encouraged and I will do my best to encourage others in the group. I will be honest and respectful and I expect the same from others in the group. I will keep the conversations discussed in group confidential. I will complete the necessary volunteer hours. I understand that I will receive a certificate for attending each week of the session. However, if I miss more than two (2) weeks, I will not receive a certificate. Yet, it is still important that I attend as many weeks as I can and complete any assigned activities.

Signature of Participant _____ Date _____